

First Baptist Church of Progress Village
I Really Want To Change...So, Help Me God

Book Author: James MacDonald

Todd E. Hammond, Senior Pastor

March 1, 2023

Reasons to participate in this study and/or read this book: **Do you _____ want to change?**

Course Outline

Section I: The Preparation for Change

- 3/1 1. Take Out the Garbage
- 3/8 2. Sign Me Up
- 3/15 3. Let's Get Specific

Section II: The Process of Change

- 3/22 4. Repentance
- 3/29 5. Now I Can Choose
- 4/5 6. I'm Dead to That
- 4/5 7. Lord I'm Yours

Section III: The Power to Change

- 4/12 8. The Power Source
- 4/19 9. The Power of Faith
- 4/26 10. The Power of Biblical Friendships

Section I: The Preparation for Change - Take Out the _____!

True life change comes only through partnership with God and begins by rejecting all self-centered change methods. The following are Poor Change Methods:

- A. "ENVIRONMENTAL" CHANGE (Luke 15:11-14 and Genesis 1)
 - 1. A cause/effect relationship does not necessarily exist between environment and change.
 - 2. Changing the environment does not automatically change the person.
- B. "DIGGING UP MY PAST" CHANGE (Genesis 45:8 and Genesis 50:15-20 and Philippians 3:13-14)
 - 1. The key to Change is FORGIVING (Forgetting), not _____.
 - 2. God never wastes a _____.
- C. "SELF DISCOVERY" CHANGE (Romans 12:3 and 2 Timothy 3:1-7)
 - 1. The answer to LOW self-esteem is NOT HIGH self-esteem, but ____ self-esteem
 - 2. Pride can lead to justification of not changing instead of repentance to change.
- D. Legalistic Change - Believing rules can force change. "A Person convinced against their will is of the _____ opinion still." Organized religion, regular church attendance, dressing up for church, etc.
- E. Monastic Change - Isolation, depravity of human needs, or sheer will power. Monks/Nuns vow poverty (own nothing), chastity (no sex) and obedience (full submission to authority)
- F. Intellectual Change - Just knowing better or knowing what is right is not _____ to change us.

SELF REFLECTION TIME

Which of the above methods have you previously tried or are trying to effect the change you want?

What excuses have you used for not changing?

What makes you think this time things can and will be different?

Is the change you want a God-centered or a self-centered change?