

First Baptist Church of Progress Village
I Really Want To Change...So, Help Me God

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Course Outline

Section II: The Process of Change

3/22 4. Repentance
3/29 5. Now I Can Choose
4/5 6. I'm Dead to That
4/5 7. Lord I'm Yours

Section II: The Process for Change - Repentance

True repentance is the first step in all change, but it is not easy.

Revelation 3:19 *As many as I love, I rebuke and chasten: be zealous therefore, and repent.*

OLD testament prophets preached the exact same sermon to the nation of Israel. From Moses to Isaiah to Jeremiah, Ezekiel, Hosea...etc. They all preached _____ !

Matthew 3:2 *And saying, Repent ye: for the kingdom of heaven is at hand.*

Mark 6:12 *And they went out, and preached that men should repent.*

Acts 2:37-38 *Now when they heard this, they were pricked in their heart, and said unto Peter and to the rest of the apostles, Men and brethren, what shall we do?*

38 Then Peter said unto them, Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins, and ye shall receive the gift of the Holy Ghost.

Acts 3:19 *Repent ye therefore, and be converted, that your sins may be blotted out, when the times of refreshing shall come from the presence of the Lord;*

Luke 15:4-10 (Parable of the lost sheep;) *7 I say unto you, that likewise joy shall be in heaven over one sinner that repenteth, more than over ninety and nine just persons, which need no repentance. 10 Likewise, I say unto you, there is joy in the presence of the angels of God over one sinner that repenteth.*

Revelation 2:1-5 *5 Remember therefore from whence thou art fallen, and repent, and do the first works; or else I will come unto thee quickly, and will remove thy candlestick out of his place, except thou repent.*

Revelation 2:16 (church at Pergamum) *Repent; or else I will come unto thee quickly, and will fight against them with the sword of my mouth.*

There is repentance unto _____ and then there is repentance unto _____.

Definition of repentance: greek word "metaneo" means to rethink or to change your mind. All change begins with a change of mind. Repentance is a change on the inside, a change in the way ____ think about something.

In all sin there is _____! Repentance is when you detect and destroy the rationalizations that lead to your sin. Its changing your mind about the lies you tell yourself to make it okay to do it.

Repentance is the process of seeing our sin the way _____ sees it.

I. How do you know if you have repented?

1. Genuine repentance leads to confession of sin. _____ Confession **1 John 1:8-10 Genesis 6:5-7**

2. Genuine repentance results in restitution. _____ reparation.

II. Challenge of Repentance: What do you do if you can't make restitution?

1. Lost Opportunities

Abortion, Divorce, Relationship

2. Consumed Pleasures

Alcoholic binge, private pornography, repeated gluttony, strong compulsion, homosexual tryst, willful pursuit, deliberate choice.

_____ sorrow is based in regret. Regret is a useless. Regret focuses on what can never change (the past).

_____ sorrow is based in repentance. Repentance looks forward, repentance focuses on what HAS to change.

2 Corinthians 7:8-10 *For though I made you sorry with a letter, I do not repent, though I did repent: for I perceive that the same epistle hath made you sorry, though it were but for a season.*

9 Now I rejoice, not that ye were made sorry, but that ye sorrowed to repentance: for ye were made sorry after a godly manner, that ye might receive damage by us in nothing.

10 For godly sorrow worketh repentance to salvation not to be repented of: but the sorrow of the world worketh death.

III. IMPOSSIBLE REPENTANCE

Psalms 103:9

Psalms 95:7-8

Hebrews 6:4-6

IV. HOW TO REPENT

Repentance involves the _____. **Luke 15:17** And when he came to himself, he said, How many hired servants of my father's have bread enough and to spare, and I perish with hunger!

Repentance involves the _____. **Luke 15:18** I will arise and go to my father, and will say unto him, Father, I have sinned against heaven, and before thee,

Repentance involves the _____. **Luke 15:19** And am no more worthy to be called thy son: make me as one of thy hired servants.

2 Timothy 2:22-26 In meekness instructing those that oppose themselves; if God peradventure will give them repentance to the acknowledging of the truth; And that they may recover themselves out of the snare of the devil, who are taken captive by him at his will.

God wants to give repentance to those who genuinely demonstrate a godly desire to receive it.

V. EVIDENCE OF REPENTANCE

1. Absence of rationalization.
2. Genuine sorrow.
3. Open confession.
4. Restitution, if possible.

HOMEWORK

What is meant by the statement that repentance is sometimes impossible? Does that concern you?

What does the father's response to the prodigal's repentance teach us about our heavenly Father?