

First Baptist Church of Progress Village
Why Am I Like This? By Kobe Campbell
Bible and Book Study Series
Todd E. Hammond, Senior Pastor
December 13, 2023

Conclusion – Wrap Up

RESOURCES LIST

988 Suicide & Crisis Lifeline - provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States. The Lifeline is comprised of a national network of over 200 local crisis centers, combining custom local care and resources with national standards and best practices. ***Chat available for deaf and hard of hearing.***

<https://988lifeline.org/>

The American Association of Christian Counselors (AACC) – provides database of resources to search by area of need, location, etc. Also has options and education available to those seeking training or certification in particular areas of counseling.

<https://connect.aacc.net/>

Metamorphosis Life Revitalizing Center - 813-512-8903 Ext 201
5470 E. Busch Blvd., Unit 406, Temple Terrace, FL 33617

www.betteronpurpose.com

- Individual Psychotherapy
- Family Counseling
- Couples/Marriage Counseling
- Group Counseling & Workshops
- Outpatient Alcohol and Substance Abuse Treatment
- Coaching

Assured Mental & Physical Health – 813-797-6174

673 W Lumsden Rd, Brandon, Florida 33511

<https://assuredmph.com/>

- Assessment
- Depression
- Anxiety
- mood disorders
- OCD (obsessive compulsive disorder)
- Bipolar disorder from ages 16 and older
- Perinatal Mood and Anxiety Disorders (PMAD)
- Reproductive psychiatry and Maternal mental health

Women's Center 4 Success – (813) 294-4212

1339 Misty Greens Dr., Sun City Center, FL 33573

a non-profit organization created to reach out to women who may not have access to coaching services and are ready to work with a coach to affect positive change in their lives.

<https://www.wc4s.org/>

- Address potential roadblocks
- Set realistic expectations
- Find your unique gifts
- Successfully accomplish your goals and dreams
- Build healthy relationships
- Regain your identity
- Get back on track and unstuck

Your own Mental Healthcare Professional

First Baptist Church of Progress Village Ministry Resources

- **Grief & Loss Ministry** - <https://www.griefshare.org/groups/176469>
13 Week Schedule, Meeting virtually Thursdays @ 7pm
- **Pastoral & Christian Counseling** – email or call church office to schedule appointment w/ Pastor Todd, Pastor Houston, or Licensed Christian Counselor church@fbcopv.org (813) 677-1948
- **Prayer Warriors** - <https://www.fbcopv.org/prayer-requests>
- **Life Coaching** - 8 sessions beginning January 9, Tuesdays @ 6:30pm
Contact, Sis. Lewis (813) 294-4212